



SUFFOLK INTERGROUP ASSOCIATION

Bulletin

EXPERIENCE • STRENGTH • HOPE

“

“The spiritual
life is not a
theory. We have
to live it.”

– Alcoholics Anonymous,
p. 83



SUFFOLK COUNTY
AA MEETINGS
AND INFORMATION



VISIT US ONLINE:
suffolkny-aa.org



HOTLINE:
(631) 654-1150



SEPTEMBER IS A SEASON OF GROWTH,
GRATITUDE, AND CARRYING THE MESSAGE.





— We Are Responsible —

50 Years of the Suffolk Share-A-Thon



We are Responsible is this year's theme. And we have a great showing of participation from groups here in Suffolk and neighboring counties.

The topics for the workshops will be based on what we, as groups and members are responsible for. Subjects ranging from service, commitments, accountability, accessibilities, and the program of recovery from alcoholism will be shared. Of course, our beloved friends from Al Anon will be participating in workshops and information tables, too.

Our hope is to enable and encourage participants and families to remember the importance and the great responsibility that we have for our fellowship. As much as we love to give thanks and praise for the members who currently are volunteering, what's really needed is for more members to step up and participate.



**SUNDAY,
SEPTEMBER 20, 2026**



8:30 AM – 4:00 PM



**1717 MOTOR PARKWAY
HAUPPAUGE, NY 11788**



*Unity. Recovery. Service.
Together, we make it happen.*

From my experience, being a part of service has helped me grow personally and professionally. I've seen the people involved in several committees spend endless hours and days hosting workshops, holding events, and carrying the message of hope and recovery.

We invite you with open hearts and arms to join us in celebration of our recovery, and many more years of the Share-a-thon to come.

The annual Share-A-Thon, hosted by Suffolk Intergroup, will be 50 years old this year and what better way to honor its legacy than by sharing some history from its beginning.

On October 10, 1976, the first Share-A-Thon was held at Colonie Hill in Hauppauge. That structure was eventually torn down and replaced by another building which today is the Hyatt Regency. A half century later, we have come full circle, returning to the same location. According to records provided by Bob R., our Intergroup Archivist, approximately 1,200 people attended the first one.

It was an experience, recalled Jim C from the 164 Group. Meetings and workshops were held during the day, and at night was a formal attire dinner complete with orchestra and dancing. Having fun in sobriety was on full display.

Don M., originally from Long Island, who now resides in Florida, had the honor of speaking at one of the meetings at the 1976 Share-a-thon. He is delighted to be coming back for a "reunion."

The Share-a-Thon was held at this same venue for many years. Thereafter

found it held in different locations. Each year had its own theme ranging from Language of the Heart to Pass It On to A New Beginning—to name just a few. Participation has grown with attendance of home group members being of service.

In my first year 2001, I heard about this event, and then found out that it was canceled. Things we have no control over and fortunately the only time that has ever happened.

The following year, the group I was part of at the time, *Live and Let Live*, held a workshop meeting there. Ever since then I have looked forward to attending every year that I possibly could.



People coming together. Longtime friends reuniting. Meeting new people and the excitement of participation are all part of this annual event. These are experiences to cherish. It is my honor and privilege to be serving as this year's planning committee chairperson.





SUFFOLK INTERGROUP OF ALCOHOLICS ANONYMOUS
PRESENTS

50 Years of the SHARE-A-THON

"We Are Responsible"

SUNDAY SEPTEMBER 20TH, 2026

TIME: 8:30 AM – 4:00 PM

LOCATION: Hyatt Regency Long Island
1717 Motor Parkway
Hauppauge, NY 11788

★ AA EVENT WITH AL-ANON PARTICIPATION ★

Join us for a powerful day of fellowship, recovery, and connection. Celebrate 50 years of the Share-A-Thon with speakers, sharing, and community.

All are welcome!

AL-ANON for families & friends of alcoholics

ONE DAY. ONE PURPOSE. OUR COMMON WELFARE. **TOGETHER WE CAN.**

50 YEARS OF SHARE-A-THON

For more information, contact Suffolk Intergroup
share@suffolkny-aa.org
www.suffolkny-aa.org

September Calendar

Tuesday, 9/1 @ 6:00 - 7:00 pm
Special Events Committee Meeting (SIA Office)

Tuesday, 9/1 @ 7:00 - 8:30 pm
Bylaws Committee Meeting (virtual + SIA Office)

Friday, 9/4 @ 6:00 - 7:00 pm
Third Legacy
12 Traditions Workshop (virtual)

Tuesday, 9/8 @ 6:00 - 7:00 pm
Web Committee Meeting (virtual)

Friday, 9/11 @ 6:00 - 7:00 pm
Treatment Facilities' Bridging the Gap Committee Meeting (virtual and SIA Office)

Saturday, 9/12 @ 8:00 - 9:00am
SIA Speaker Exchange (True North Church)

Monday, 9/14 @ 7:00 - 8:00 pm
Schools Committee (virtual)

Sunday, 9/20 @ 8:30 - 4 pm
50th Share-A-Thon
(Hyatt Regency, Hauppauge)

Saturday, 9/26 @ 7 - 3:00 pm
SIA Fishing Trip **SOLD OUT**
(104 4th Street, Greenport)

Monday 9/28 @ 6:00 pm - 7pm
Treatment / Bridging The Gap Outreach Subcommittee (virtual)

Tuesday, 9/29 @ 6:30 - 7:40 pm
SIA Treatment Facilities Committee Meeting (virtual and True North)

Tuesday, 9/29 @ 7:00 - 7:30 pm
SIA New Intergroup Rep Orientation (virtual and True North Church)

Tuesday, 9/29 @ 8:00 - 9:00 pm
SIA Business Meeting (virtual and True North Church - 1101 Lakeland Ave, Bohemia)

★ **SUFFOLK COUNTY BIG MEETING** ★

PRESENTED BY SUFFOLK INTERGROUP AND SUFFOLK GENERAL SERVICE

Join Us for a Special Event!

DATE: October 3, 2026, Saturday

TIME: 9a.m. – 2p.m.
Refreshments will be served.

LOCATION: Defense Hill, Shoreham NY – Robert Reid Recreation Center

SERVICE TABLES **2 SPEAKERS** **JUMP INTO SERVICE!**

All are welcome!

Don't miss this chance to connect, reflect, communicate and "JUMP" into service!

For more information, contact DCM1111 at DCM1111@suffolkgs-ny.org

Save the Date!

UNITY BREAKFAST 2027

AA SUFFOLK GENERAL SERVICE

SUNDAY, FEBRUARY 7, 2027
9:00 AM – 1:00 PM

MARRIOTT MELVILLE
1350 Walt Whitman Road
Melville, NY 11747
2ND FLOOR BALLROOM

FELLOWSHIP SPEAKERS SERVICE BREAKFAST UNITY

ONE DAY. ONE FELLOWSHIP. ONE PURPOSE.

MORE INFORMATION COMING SOON!

ALCOHOLICS ANONYMOUS
AA SUFFOLK GENERAL SERVICE
<https://aasuffolkgs-ny.org>



Around the AA CAMPUS

SEPTEMBER 2026



Building a Fellowship of Hope and Service



Copague's Friday Sunday Group has alerted us that its Friday 7:00 PM meeting is an Open Discussion. Check it out in person at Our Lady of Assumption 115 Leonardo Da Vinci Street. The group also has a Sunday 1:30 PM Beginners meeting.



Los Ejecutivos, a Spanish language meeting, has sent word of a change in location. It now meets at 84 West Suffolk Avenue Central Islip from Thursday to Sunday at 5:00 PM. Use the door on the far left and head downstairs. (See photo →)



Organic Mustard Seed has discontinued its Wednesday afternoon meeting. Its morning lineup at 7:30 AM still remains the same: Monday to Friday—assorted formats. The group has moved to the First Congregational Church 103 1st Street Riverhead



New Life in Huntington Station has added a two speaker Open meeting the first Thursday of each month. Those who have been around AA a while will remember that almost all groups had this type of meeting. Great opportunity to sit back and listen. Its other Thursday meetings will be Beginners, except the last Thursday of the month which is an Anniversary. The group also has a Monday Literature meeting. All meetings are at 7:00 PM and can be found at St. Hugh of Lincoln 21 East 9th Street in the St. John Fisher room.



The Riverhead Group is putting its Friday 7:30 PM meeting on hold for the time being. Its Friday (6:00 PM Beginners) will continue as will its Tuesday (6:00 PM Big Book/Step) and Saturday (8:00 AM Open). Where? First Congregational Church 103 1st Street.



Bridge to Shore did not discontinue its Friday meeting after all. A last minute reprieve saved it, but it was too late to change what had already been printed in last month's Bulletin. The group meets every Friday at 7:00 PM and Sunday at 6:00 PM. They can be found at Our Lady Queen of Martyrs 53 Prospect Road Centerport.



Montauk The Beginning has switched its Open Wednesday 8:00 Zoom meeting to a Beginners meeting. Here is ID: **928 2444 0866**
Passcode: Wilson1212



Saint James Sunrise Reflections has discontinued its Thursday 6:15 PM Big Book and 7:30 PM Step meetings. The seven day a week 6:15 AM meetings will continue as they have since 2003. Where? The VFW 460 Lake Avenue.



AA COMMUNITY NEWS



We're on a roll. Three Suffolk AAs' articles have appeared in the AA Grapevine so far this year!

- Siobhan's appeared in February
- July had one by Heather K.
- August features one by Jane E.

Congratulations!



Pat from the Mattituck World Famous Group recently celebrated her 60th anniversary.

How amazing is that!



Things We Cannot Change

It is with a very sad heart that we announce the loss of a dear AA friend, **Ice Cream Joe** of Ronkonkoma's New Beginnings Group.

This man was a role model for many of us.
Just a dynamite human being, who helped so many.

Joe will now be reunited with his old sponsor Ken R.
They'll have lots of catching up to do.

*Our hearts go out to his family, friends,
and all who knew and loved him.*

Thank you

to all the groups, trusted servants, and members who keep us informed and united.
Your efforts help carry the message of hope and recovery throughout Suffolk.



YOUNG, WILD, AND FREE



When they finally throw in the towel and start working a program of recovery, the young people in Alcoholics Anonymous are a joy to behold. Here in Suffolk County, they have put together conventions that were attended by other young people, not only from Suffolk County, but from all across the United States. Is it any wonder, when they make up their minds to start a new meeting, it is equally successful.

Such is the story of Young, Wild and Free. This was no quick-let's-throw-this-together-affair. From a germ of an idea to its debut took a long time with planning and more planning. As one of the cofounders said: "This was developed through group conscience and by-laws." There are only about five or six young people's meetings in Suffolk County and there was certainly a need or at least one more.

The initial unlisted version met at Hope House in Port Jefferson. The crew wanted to meet on Wednesdays, but that day wasn't available, so they settled on Tuesdays. For nine months, they refined what type meeting they would have. They wanted to keep it low profile until they figured it was perfected enough to move forward. Fifteen to twenty of them met as a committee and ironed out all

the details. Please remember, these are the people who were able to put together all the necessary arrangements for well-attended conventions. Granted, a meeting may require less logistics than that, but they didn't want to leave anything to chance.

On Tuesday January 2, 2024, Young Wild and Free became official. It now could be listed on the Suffolk meeting list as well as the meeting app. There was no turning back. They arranged to meet at the Setauket Presbyterian Church at 7:30 PM. Needless to say, it went off without a hitch. Flyers were printed and distributed. Once again proving what good planning will do.

Now they have between twenty-five and thirty people showing up each week. The speaker shares for about fifteen minutes and then opens it up for others to share. There is fellowship before and after to allow for developing deeper bonds with each other and for helping newcomers ease into the AA way of life.

Although created with young people in mind, there are no age restrictions here. This meeting has an Open format, so everyone is welcome. As everyone was also welcome for the young people's convention held in April 2024 at the Huntington Hilton. People are still talking about that one, just as they are about this group.

SIA Committee Meeting Schedule

BTG (virtual + SIA Office)
2nd Friday 6:00 pm

BTG Outreach (virtual)
last Monday 6:00 pm

ByLaws (virtual + SIA Office)
1st Tuesday 7:00 pm

Schools (virtual)
1st Monday 7:00 pm

Share-A-Thon
(virtual + True North)
last Tuesday 7:00 pm

Special Events (SIA Office)
1st Tuesday 7:00 pm

Treatment (virtual + True North)
last Tuesday 6:30 pm

Web (virtual)
2nd Tuesday 6:00 pm

SIA Business Meeting
(virtual + True North)
last Tuesday 8:00 pm

SIA Virtual Meeting Space



Zoom ID 941 2170 5886
Passcode service

 **SETAUKET PRESBYTERIAN CHURCH**
5 CAROLINE AVENUE
EAST SETAUKET, NY 11733

 **TUESDAYS • 7:30 PM**

OPEN MEETING • EVERYONE WELCOME



THIS MONTH IN A.A. HISTORY

September 15, 1938 – After having done little work on the manuscript for several months, Bill W. resumes writing the book that would become *Alcoholics Anonymous*, beginning the chapters “More About Alcoholism” and “We Agnostics.” Hank P. had encouraged Bill to continue with the book project.

September 21, 1938 – Works Publishing Company is formed as a means of financing and publishing the book *Alcoholics Anonymous*. Stock certificates were offered to fellow alcoholics and friends to help support the Newark office and the publication project.

September 1939 – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.

September 30, 1939 – An article on A.A. titled “Alcoholics and God” appears in Liberty magazine. After publication of this article, *Big Book* sales saw an increase of several hundred and the early A.A. Newark Office received **800 pleas for help**.

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September 1945 – Bill W.'s article “‘Rules’ Dangerous but Unity Vital” appears in the A.A. *Grapevine*. Written while A.A. was rapidly expanding, the article addresses the importance of experience, discussion and general consent rather than imposing rigid rules on A.A. groups.

September 1948 – A.A. co-founder Dr. Bob writes “The Fundamentals in Retrospect” for the A.A. *Grapevine*, looking back on A.A.'s first thirteen years and emphasizing simplicity, humility and helping other alcoholics.

September 2001 – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean-up crews form A.A. meetings at **Ground Zero**.



Bridging the Gap

The Treatment Facilities Committee is ramping up the county's BTG program. We need your help to be:

Temporary Contacts - bring prospects coming out of a Treatment facility to their first six meetings & get them connected with a sponsor, home group & commitment.

BTG District Captains - remember the SIA hotline district Captains who used to go around recruiting A.A. members for 12 step calls via the hotline? Same thing - only recruiting Temporary Contacts for Bridging the Gap instead. Must have working knowledge of A.A. traditions or be willing to learn.

BTG Facilitators - communicate with staff of Facilities to assist prospects connecting with a Temporary Contact on the outside. Must have working knowledge of A.A. traditions or be willing to learn.

To learn more about service opportunities
w/ Treatment Facilities Committee
scan or click QR code, or visit:

<https://suffolkny-aa.org/treatment>



AVAILABLE NOW!

THE NEW
GRAPEVINE
& LA VIÑA

APPS!

- Read or listen to every issue
- Search our vast GV/LV Archives
- Keep track of your sobriety and spiritual practices
- Listen to our podcast
- Share AA stories and area events with friends
- Find meetings and connect to aa.org

EASY
TO USE!

Take GV &
LV wherever
you go!

MY TIME / DAY NINE

by Joni F.



I gave you my childhood,
gave you all my energy.
I gave you my possibilities,
gave you my legacy.

I gave you all my milestones,
gave you my education.
I gave you my core values,
gave you all my motivation.

I gave you my wedding vows,
gave you my children's laughter.
gave you my life—mommy & wife,
gave you my happily ever after.

I gave you my resilience,
gave you the fire in me.
I gave you all my hopes,
gave you my poetry.



You do get the credit
for my life-sucking suffering,
but you don't get to keep
the songs I've yet to sing.



I'm taking charge of you now.
I'm grabbing back the wheel,
for you never offered anything
that's true—or good—or real.



It's me doing the hard work.
It's me that drove me here.
It's me that peed into that cup.
It's me leaving you here!



*Recovery is the courage to reclaim
the life addiction tried to steal.*

2026 — 2027 Officers & Chairpersons

Chairperson	Tom B. chairperson@suffolkny-aa.org
Alt Chairperson	David V. alt-chairperson@suffolkny-aa.org
Treasurer	Meredith F. treasurer@suffolkny-aa.org
Corresponding Sec.	Nancy S. corsec@suffolkny-aa.org
Recording Sec.	Kelly B. recsec@suffolkny-aa.org
Archives	VACANT archives@suffolkny-aa.org
Archivist	Bob R. archives@suffolkny-aa.org
Bulletin	Lauren B. bulletins@suffolkny-aa.org
Corrections	Karen C. correct@suffolkny-aa.org
Grapevine	Laurie A. grapevine@suffolkny-aa.org
Hot Line	Tom S. phones@suffolkny-aa.org
Literature	Mike R. literature@suffolkny-aa.org
Meeting List	Adam B. meetings@suffolkny-aa.org
Office Manager	Charlie D. siaoffice@suffolkny-aa.org
Public Info	Ed A. pubinfo@suffolkny-aa.org
Schools	Nancy M. schools@suffolkny-aa.org
Share-A-Thon	John V. share@suffolkny-aa.org
Special Events	Pete K. specialevents@suffolkny-aa.org
Third Legacy	Natalie S. thirdleg@suffolkny-aa.org
Treatment Facilities	Rob M. treatment@suffolkny-aa.org
Web Master	David P. webmaster@suffolkny-aa.org
SGS Liaison	Zoie S. SGSLiaison@suffolkny-aa.org
Spanish Liaison	Jose R. SpanishRep@suffolkny-aa.org
Al-Anon Liaison	Matt C. Info@al-anon-suffolk-ny.org
Alateen Liaison	Ed O. AlateenChair@al-anon-suffolk-ny.org

Upcoming Events in the Area

view latest announcements by clicking
or scanning the QR code or visiting:

<https://suffolkny-aa.org/announcements>



SUFFOLK GENERAL SERVICE

ARCHIVES EVENT

JIM BURWELL / FITZ MAYO

DATE & TIME
SEPTEMBER 5, 2026
10:00 AM – 2:00 PM

SPEAKERS
Jim S. & Marty K.

LOCATION
Saint Joseph the Worker Church
510 Narragansett Ave
North Bellport, NY

Hospitality • Fellowship • Lunch • Coffee • Cookies

Contact: Bobby I.
SGS Archives Chair

Preserving our history – carrying the message forward

UNITY SERVICE RECOVERY AA

SIA BAR-B-QUE

GOOD FELLOWSHIP • GREAT FOOD • LASTING SOBRIETY

Saturday, SEPTEMBER 5, 2026

AT SOUTHAVEN PARK, under the pavilion

761 VICTORY AVENUE
YAPHANK, NY 11980

11:00 AM – 4:00 PM

TICKETS ARE \$10.00 **PARKING \$7.00**

TICKETS ARE AVAILABLE ONLINE NOW AT:
<https://suffolkny-aa.org/bbq/>

FUN ★ GAMES ★ FOOD

Bring your friends, your appetite, and your A.A. spirit!

AA RECOVERY UNIDAD

XLIV CONVENTION OF ALCOHOLICS ANONYMOUS CDH AREA 49

HOST DISTRICT 114 COUNTY OF SUFFOLK
OCTOBER 31st & NOVEMBER 1st, 2026
Saturday from 2:00pm to 12:00am / Sunday 8:00am to 12:00am

MARRIOTT HOTEL
1350 Walt Whitman Rd., Melville, NY 11747
Penn Station to Ronkonkoma
Stop: Farmingdale

CONTACTS:
Coordinator: 631-935-4921
Programming & Syllabus: 631-220-9384
Transport: 631-512-6513

SUFFOLK INTERGROUP ASSOCIATION

SCHOOLS Committee

★ CARRYING THE MESSAGE INTO OUR SCHOOLS ★

EDUCATE • INFORM • INSPIRE

Help bring A.A. literature and our message of hope to students and educators in Suffolk County.

MEETING SCHEDULE
Held the **FIRST MONDAY OF EVERY MONTH 7:00 PM**
(2nd Monday in Sept)

Held Virtually
ZOOM ID: 941 2170 5886
PASSCODE: service
URL: suffolkny-aa.org/schools

Your service makes a difference!

Get Involved. Make An Impact.
ALL ARE WELCOME!

UNITY SERVICE RECOVERY AA