November 2026 Vol. 54 - No. 07

SUFFOLK INTERGROUP ASSOCIATION

Bulletin

"I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits."

– *Alcoholics Anonymous,* "The Family Afterward"



"Gratitude unlocks the fullness of life. It turns what we have into enough, and more"

– Melody Beattie

Visit us at
suffolkny-aa.org
tel : (631) 654-1150

SIA Business Meeting

Held last Tuesday of every month

November 24th, starting 8:00 p.m.

New Rep Orientation 7:00 p.m.

PHYSICAL LOCATION TBA

Zoom ID	941 2170 5886
Passcode	service
Tel Dial-In	(929) 205-6099

We are actively searching for a new physical location.
Please check the website for details.

Bridging the Gap

The Treatment Facilities Committee is ramping up the county's BTG program. We need your help to be:

Temporary Contacts - bring prospects coming out of a Treatment facility to their first six meetings & get them connected with a sponsor, home group & commitment.

BTG District Captains - remember the SIA hotline district Captains who used to go around recruiting A.A. members for 12 step calls via the hotline? Same thing - only recruiting Temporary Contacts for Bridging the Gap instead. Must have working knowledge of A.A. traditions or be willing to learn.

BTG Facilitators - communicate with prospects before they leave an institution over the phone, and arrange for a Temporary Contact to call, & take the prospect to their first meeting on the outside. Follow up with the prospect to make sure the Temporary Contact completed the 12 step call a few times and the prospect got a sponsor.

To learn more about service opportunities w/ Treatment Facilities Committee scan or click QR code, or visit:

https://suffolkny-aa.org/treatment

HOTLINE VOLUNTEERS NEEDED!!

Answering the Suffolk A.A. Hotline is easier than you think

- ✓ Calls forward to your phone and your number stays private.
- ✓ Most callers just need help finding a meeting or a 12-Step contact
- ✓ All resources are on our website—we'll show you how to take calls

To sign up as a Phone Volunteer, scan/click the QR code or email phones@suffolkny-aa.org

We're rebuilding our 12-Step Volunteer list — and we need YOU on it!

- ✓ Your number is never shared; you call the person back
- ✓ You choose your level of help: return a call, meet at a meeting, or give a ride with another A.A. member.

To join the 12-Step Volunteer list, scan/click the QR code to the right.

To learn more about the hotline visit :

https://suffolkny-aa.org/hotline

WE ARE RESPONSIBLE

A big thank you to the entire Share-A-Thon Committee for all the **hard work, heart, and teamwork** that went into making our **50th Share-A-Thon such a special day**.

From the planning and little details to the "We Are Responsible" sign-in poster, **the committee really brought this year's theme to life.**

A **special thank you** to our **Chairperson, John V.**, for his leadership and all the behind-the-scenes work that helped **pull everything together**.

It was **a great team effort** and a wonderful example of what **"We Are Responsible"** is all about.

Thank you to everyone who helped make the 50th one to remember!

— The Share-A-Thon Committee

Proposed Bylaws Revisions - Part 1

The following proposed updates to the Suffolk Intergroup Association Bylaws have been prepared by the Bylaws Committee in accordance with the responsibilities outlined in Article VII, Section 1 of the current Bylaws.

We are presenting these proposed updates to the Bylaws in **two or three manageable parts**. The following represents the **first set of proposed revisions**.

Please **take these proposed changes back to your Group** for review and discussion. Please bring any questions or concerns to the next meeting. We hope to **begin voting on the proposed language in November**, continuing in subsequent meetings as necessary.

In the interest of space, **only substantially revised sections** are included below

Minor edits such as spelling corrections, grammatical fixes, and reformatting of ordered lists are not all shown

Deleted text is shown in ~~**red strikethrough**~~

Added text is shown in **BOLD TEXT**

You can view the full text of the current Bylaws by clicking or scanning the QR code or visiting **https://suffolkny-aa.org/bylaws**

--- Begin Note Regarding Group Conscience Book ---

~~A NOTE REGARDING THE GROUP CONSCIENCE BOOK~~

~~The Bylaws of the Suffolk Intergroup Association are the definition of who we are, what we do and how we do it. Because the Bylaws are the structure of the organization, the process of changing them is deliberately made difficult. Because the Bylaws are difficult to change, if Intergroup is to be flexible in its response to the changing needs of AA in Suffolk County, the scope of the Bylaws must be limited to the most essential and important rules of the organization. The less formal decisions of the Group Conscience, those that do not require a month's written notice to the Groups and a two thirds majority vote to change, need to be recorded elsewhere: The Group Conscience Book.~~

~~In the past, all votes at SIA meeting have been recorded in the Recording Secretary's notes, which are then filed by date. If a question later arises about a policy, or a precedent, or any vote or Group Conscience decision, someone has to remember if the question has ever come up before, if it did, when, and what the Group Conscience was the last time it came up. Searching through 30 years of notes, if it yields an answer at all, is not going to yield an answer quickly; certainly not in time to provide information while discussing a motion. It is the purpose of the Group Conscience Book to make finding these answers possible.~~

~~FROM THE PREFACE TO~~
~~THE SUFFOLK INTERGROUP ASSOCIATION GROUP CONSCIENCE BOOK~~

(Continued on page 6)

November Calendar

Nov 2 @ 7:00 pm - 8:00 pm
Schools Committee (virtual)

Nov 3 @ 7:00 pm - 8:30 pm
Special Events Committee Meeting (SIA Office)

Nov 3 @ 7:00 pm - 8:30 pm
Bylaws Committee Meeting (hybrid)

Nov 6 @ 6:00 pm - 7:00 pm
Third Legacy 12 Traditions Workshop (virtual)

Nov 10 @ 6:30 pm - 7:00 pm
Web Committee Meeting (virtual)

Nov 13 @ 6:00 pm - 7:00 pm
Treatment Facilities' Bridging the Gap Committee Meeting (virtual and SIA Office)

Nov 24@ 6:30 pm - 7:40 pm
Treatment Facilities Committee Meeting
(virtual + TBA)

Nov 24 @ 7:00 pm - 8:00 pm
New Intergroup Rep Orientation (virtual + TBA)

Nov 24 @ 8:00 pm - 9:00 pm
SIA Business Meeting
(virtual + TBA)

Nov 30 @ 6:00 pm - 7:00 pm
Treatment / Bridging The Gap Outreach Subcommittee (virtual)



Around the A.A. Campus

Group Updates

Each Day a New Beginning

… the women's meeting in Sag Harbor has changed its starting time to Wednesday at 9:00 AM. These ladies can be found at the Old Whalers Presbyterian Church 44 Union Street.

Easy Does It

… could use your support. Every Monday at 7:30 PM at the Christ Our Savior Lutheran Church 9 Terrace Drive Hampton Bays. Do drop in and bring a friend

Freedom Within

… of East Islip has stopped meeting. The group began in 2019 as **Young at Heart**, a Friday evening Young People's meeting, before becoming Freedom Within this past April.

She Recovers

… in Melville has lost its meeting space and is on pause until they find a new location. They met Sunday at 11:00 AM, St. Elizabeth RC Church in Melville.

Ray of Light

… which met at The Hive Creative Studios in Port Jeff., has gone dark. But the rays of hope and recovery it spread will continue to shine in neighboring AA groups.

Oops Department - Morning Mustard Seed

… in Riverhead meets five days a week at 7:30 AM—not at 10:00 AM—as reported in last month's Bulletin. Find this group at the First Congregational Church 103 1st Street. PS Bring your own coffee or tea



The Whoopee Party

Missed last issue's deadline

Photos of the new meeting place of **Kings Park's Whoopee Party**. The Knights of Columbus 44 Church Street (See photo)

In Other News...

On August 22, Suffolk Intergroup faced off against Suffolk General Services in what is hoped to be an **annual softball matchup**. Held at the Southaven Park in Yaphank. The score was 13-8 in Intergroup's favor but **everybody came out a winner.** A trophy is on display at the Intergroup office (see photo on opposite page).

Equally successful was the **Intergroup barbecue** held at **Southaven Park in Yaphank** on **September 5.** 120 people showed up to enjoy the games, the food and the fellowship. A tip of the hat to the team at the SIA Special Events Committee for all the work put in.

Speaking of work put in, this year's **Share-a-Thon** was a resounding success with workshops held all day long at the **Hyatt Regency in Hauppauge on September 20**. It was a great day of sharing and fellowshipping. Those who put this together worked hard and that hard work showed. **Thanks to all.**

Bridge to Sobriety celebrated its thirtieth group anniversary in grand fashion. Depending upon the month, the group meets at the YMCA in Bay Shore, 200 West Main Street, Christ Episcopal Church, 12 Prospect Street in Babylon, Captree State Park or on Zoom. They sure do get around, so why not check them out.

Things We Cannot Change

It is with a very heavy heart that we share that our dear friend, Dawn C has passed away. She gave so much of herself to Alcoholics Anonymous throughout the years, carrying the message through her service, dedication, and love for our fellowship.

She touched so many lives and will be deeply missed by all who had the privilege of knowing and serving alongside her.

Keep It Green

Group History



Senior Center
128 Springs Fireplace Rd
East Hampton, N.Y.
11937

There was an announcement in the September 1989 Suffolk Intergroup Bulletin about a new group called Keep It Green in East Hampton. It would be meeting Thursday at 5:30 PM and Friday at 6:00 PM. Already in the meeting list was a Friday Night Step. That meeting met on Friday at the same time this new group was scheduled. By November 1989 yet another meeting called Together We Can was listed at the same time and day. For almost a year, side by side, these meetings were listed until, in November 1990, Friday Night Step was dropped. Finally, two years after it was announced in the Bulletin, Keep It Green makes its appearance. When that happened, Together We Can was removed. Are you still following along?

When the dust settled, Keep It Green burst upon the scene in a blaze of quirky glory. Another meeting, Big Book, which had been listed at Wednesday 7:30 PM since May 1986, merged with it. In addition, there was a Thursday Closed 5:30 PM, a Friday 6:00 PM Step and a Saturday 4:30 PM Open Discussion. For those of you keeping count, that was four different meetings on four different days at four different times.

The Senior Center shut down for the duration of the pandemic and the group created a much-streamlined schedule online. They were only meeting on Saturday and Sunday at 4:30 PM. The Saturday meeting would also be axed and another online meeting called Letting Go tried to step in to salvage the time slot, but that turned out to be short-lived. When all was clear and they could return to the Senior Center, their new lineup and times were Sunday 4:30 PM (Beginners), Wednesday 5:30 PM (Big Book), Friday 5:30 PM (Step) and Saturday 4:30 PM (Closed Discussion). The schedule is slightly easier to follow these days. Somehow, people are able to figure this all out after thirty-five years and still stay sober.

S.I.A. Archives Committee
Original history written August 24, 2016
Updated November 18, 2025

SIA Committee Meeting Schedule

BTG (virtual + SIA Office)
2nd Friday 6:00 pm

BTG Outreach (virtual)
last Monday 6:00 pm

ByLaws (virtual + SIA Office)
1st Tuesday 7:00 pm

Schools (virtual)
1st Monday 7:00 pm

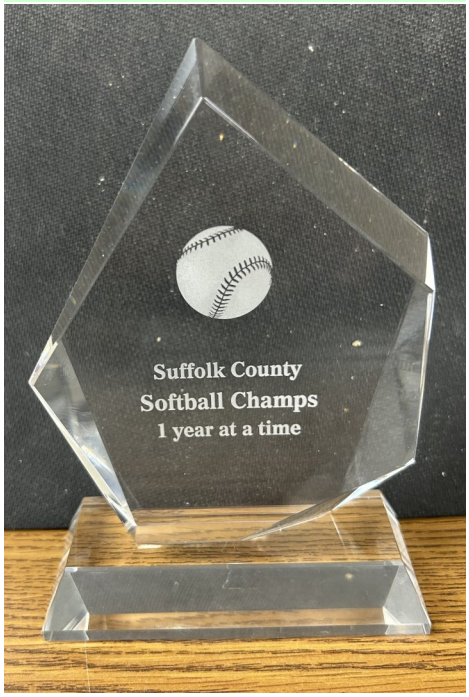
Treatment (TBA)
last Tuesday 6:30 pm

Web (virtual)
2nd Tuesday 6:30 pm

SIA Business Meeting
(virtual + TBA)
last Tuesday 8:00 pm

SIA Virtual Meeting Space

Zoom ID 941 2170 5886
Passcode service
Tel Dial-In (929) 205-6099



(Continued from page 3)

Information on the Group Conscience Book

The purpose of this article is to explain the difference between the Bylaws and the Group Conscience of the Suffolk Intergroup Association (SIA).

Bylaws set down the structure of our organization: who we are, what we do and how we do it. By their very nature, they are set up to be difficult to change and because of this their scope needs to be limited to only the most essential, important rules of the Association. Changing these rules requires a month's written notice placed in advance in the Bulletin and a two-thirds (2/3) majority vote of Group Representatives.

All other decisions affecting Suffolk Intergroup are recorded in the Group Conscience Book. Records of all voting at SIA meetings are saved by the Recording Secretary and filed by date. This way, should questions arise at some later date concerning policy or procedure, maintaining this book makes it far easier to find the answers.

--- End of Introduction re: Group Conscience Book ---

ARTICLE II — PURPOSES AND FUNCTIONS

Section 1

The primary purpose of this Association shall be to assist Alcoholics Anonymous Groups in Suffolk County in their common purpose of carrying the AA message to the still suffering alcoholic. **This shall be accomplished** by performing those functions which the individual Groups cannot accomplish alone. This objective **shall be guided by** ~~be accomplished in accordance with~~ AA's Twelve Traditions and Twelve Concepts of World Service.

Section 2

To this end, the Association is committed to the following functions:

[Unchanged items omitted; only Item E is shown.]

E. To cooperate with institutions **and professionals** working in the field of alcoholism and rehabilitation.

ARTICLE IV — OFFICERS

Section 2: Qualifications for Office

[Unchanged items omitted; only Items C and D are shown.]

C. Each Officer shall be elected from among the **current or former** Group Representatives, ~~or former Group Representatives,~~ or have other service experience in SIA.

D. No Officer shall simultaneously hold another officer or committee chair position within any other AA service structure such as Suffolk General Service or SENY.

Section 4: Duties of Officers — A. The Chairperson

[Unchanged items omitted; Item 7 is new.]

7. Once every two years shall offer a group inventory near the end of the rotation.

Section 4: Duties of Officers — C. The Treasurer

[Unchanged items omitted; Item 9 is new.]

4. Shall prepare a monthly Treasurer's report **including each group's contributions** and present it at the regular business meeting of the Association.

~~8. Shall see that receipts and acknowledgements are sent for all contributions.~~

9. In the absence or incapacity of the Chairperson and Alt-Chairperson, shall perform the duties of the Chairperson.

Section 4: Duties of Officers — D. The Corresponding Secretary

[Unchanged items omitted.]

~~3. Shall compile a list of names, addresses and telephone numbers of secretaries and other officers of each AA Group in Suffolk County.~~

6. ~~Shall~~**May** form a committee and ~~over see~~**oversee** the monthly mailings the week following our monthly business meeting.

ARTICLE V — NOMINATION AND ELECTION OF OFFICERS

Section 7

The elected officers will assume their duties on **January 1st or** ~~the first day of the month following their election and~~ immediately following their election if elected to fill a vacancy.

ARTICLE VI — COMMITTEES AND COMMITTEE CHAIRS

Section 1 — Committees and Their Functions

A. Public Information ~~and Cooperation with the Professional Community~~ (PI~~/CPC~~)

1. Shall prepare and distribute suitable announcements for TV, radio, newspapers, magazines and other media.

(Continued on page 7)

(Continued from page 6)

2. Shall prepare and distribute mailings and other announcements and arrange for speakers to address ~~professional and~~ *public groups*.

~~A1.~~B. Cooperation with the Professional Community (CPC)

1. Shall prepare and distribute mailings and other announcements and arrange for speakers to address *professional groups and societies*.

~~B.~~**C.** Schools.

1. Shall communicate with schools in Suffolk County for the purpose of attending health and wellness fairs and arrange speakers to address students and staff.

2. Shall maintain a roster of AA **members** ~~speakers~~ available to speak at schools in Suffolk County.

~~2. Shall arrange visits of speakers to address students at schools in Suffolk County.~~

~~C.~~**D.** Bulletin.

Shall publish a bulletin and distribute it on a regular basis, highlighting **service committee meeting schedule,** special events and activities, new Groups and changes in Group meeting data, and other AA related articles.

~~D.~~**E.** Meeting Lists.

Shall compile records of all Groups ~~and service committees~~ in Suffolk County together with their meeting dates, times, location and type of meeting, and shall publish and distribute meeting lists at regular intervals.

~~E.~~**F.** Treatment Facilities.

1. Shall **arrange for speakers and organize meetings within treatment facilities**~~form Groups or meetings in institutions~~, with approval of Institutional Administrations.

[Unchanged items omitted.]

~~F.~~**G. Hotline**~~Answering Service~~.

[Unchanged items omitted; Item 2 is shown.]

2. Shall provide "12 Step Lists", updated **regularly**~~annually~~, and other up to date information required for referring "calls for help" and answering AA inquiries.

ARTICLE VI — Section 2: Committee Chairs

B. Qualifications for Office

[Unchanged items omitted; Item 3 is new.]

3. No chairperson shall simultaneously hold another officer or committee chair position within any other AA service structure such as Suffolk General Service or SENY.

2026 — 2027 Officers & Chairpersons

Chairperson **Tom B.**
chairperson@suffolkny-aa.org

Alt Chairperson **David V.**
alt-chairperson@suffolkny-aa.org

Treasurer **** VACANT ****
treasurer@suffolkny-aa.org

Corresponding Sec. **Nancy S.**
corsec@suffolkny-aa.org

Recording Sec. **Kelly B.**
recsec@suffolkny-aa.org

Archives **** VACANT ****
archives@suffolkny-aa.org

Archivist **Bob R.**
archives@suffolkny-aa.org

Bulletin **** VACANT ****
bulletins@suffolkny-aa.org

Corrections **Karen C.**
correct@suffolkny-aa.org

Grapevine **Laurie A.**
grapevine@suffolkny-aa.org

Hot Line **Tom S.**
phones@suffolkny-aa.org

Literature **Mike R.**
literature@suffolkny-aa.org

Meeting List **Adam B.**
meetings@suffolkny-aa.org

Office Manager **Charlie D.**
siaoffice@suffolkny-aa.org

Public Info **Ed A.**
pubinfo@suffolkny-aa.org

Schools **Nancy M.**
schools@suffolkny-aa.org

Special Events **Pete K.**
specialevents@suffolkny-aa.org

Third Legacy **Natalie S.**
thirdleg@suffolkny-aa.org

Treatment Facilities **Rob M.**
treatment@suffolkny-aa.org

Web Master **David P.**
webmaster@suffolkny-aa.org

SGS Liaison **Zoie S.**
SGSLiaison@suffolkny-aa.org

Spanish Liaison **Jose R.**
SpanishRep@suffolkny-aa.org

Al-Anon Liaison **Matt C.**
Info@al-anon-suffolk-ny.org

Alateen Liaison **Ed O.**
AlateenChair@al-anon-suffolk-ny.org

NERAASA

NORTHEAST REGIONAL · A.A. SERVICE ASSEMBLY

SAVE THE DATE!

FEBRUARY 26–28, 2027

REGISTER
https://
neraasa2027.
intoservice.info/



HYBRID WORKSHOP

Southeast NY (SENY) Area 49

The **Cooperation with the Professional Community** (CPC) Committee of SENY presents:

TO THE EMPLOYER (sound familiar?)

An Interactive Exploration of Ways to Share the AA Message in the Workplace (HYBRID)

--Inspiring Speakers, Dramatic Performances--

Refreshments will be served!

For information, contact cpc@aaseny.org

Saturday, November 21, 2026 – 10am-12:30pm

Nassau Intergroup Office
361 Hempstead Turnpike, West Hempstead, NY



We are responsible
When anyone *anywhere* reaches out for help

HYBRID VIA ZOOM

Zoom Link: https://zoom.us/j/5546705146

Meeting ID: 554 670 5146 • Passcode: 870607



